Reprocessed for

Sustainability Solutions

Instructions for Use
Reprocessed Aspen Cervical Collar


Caution: Federal (U.S.A.) law restricts this device to sale by or on the order of a physician.

NON-STERILE NOT MADE WITH NATURAL RUBBER LATEX

Explanation of Icons

- Date of Reprocessing
- Use by Date
- REF Product Code
- 2 Do Not Reuse
- See Instructions For Use

Indications:
- Collars are used whenever it is suspected that a casualty may have sustained spinal trauma. The collars help prevent damage to the spine. They reduce the movement of head and neck as much as possible by keeping head, neck, and back in a straight line.
- Minimize skin breakdown while providing substantial motion restriction.
- Designed to spread support across broad contact surfaces there by eliminating "hot-spots" that can cause debris.

Instructions for Use:

Supine Patient

1. Pre-Foam Collar
   a. Roll up back panel.
   b. Roll collar front panel sides inward.

2. Position Back
   a. Fold loop Velcro strap over foam pad.
   b. Place back panel under crevice of neck.
   c. Press down on back panel with one hand and push with another until back panel is centered under the neck.
   d. Velcro strap should be centered between the ear and the top of shoulder muscle.

3. Position Front
   a. Flare sides of front panel outward.
   b. Place chin piece directly under chin. (NOTE: The chin should not extend beyond the edge of plastic)
   c. Hold firmly with one hand
d. Push sides of front panel up over shoulder muscles and around neck.

4. Attach Front
   a. While holding collar front panel with one hand, center back panel and attach both sides to front.
   b. To ensure proper fit, select loop strap that has the greatest distance from the trach opening. Place index
      and middle fingers in trach opening. While positioning thumb firmly against lower corner or front panel
      side, simultaneously undo Velcro with other hand by firmly gripping back panel Velcro strap. Pull straight
      out until slack is removed. When reattaching back panel, make sure Velcro strap is attached high enough
      so that back panel plastic does not make contact with skin. If this is not possible, select a different back
      panel. (NOTE: It is not necessary to tighten strap on supine patients)

5. Proper Size and Fit
   a. Patient’s chin should be flush with end of collar chin piece.
   b. Inner trach bar should not be touching airway. Choose a taller size if it does.
   c. All slack should be removed from collar back.
   d. Back panel should be centered (NOTE: From front, the back Velcro strap should be symmetrical)

Ambulatory Patient
1. Pre-Foam Collar
   a. Roll up back panel.
   b. Roll collar front panel sides inward.

2. Position Front
   a. Flare sides of front panel outward.
   b. Position chin piece directly under chin. (NOTE: The chin should not extend beyond the edge of plastic)
   c. Push sides of front panel up over shoulder muscles and around neck.

3. Attach Front
   a. While holding collar front panel with one hand, center back panel and attach both sides to front.
   b. To ensure proper fit, select loop strap that has the greatest distance from the trach opening. Place index
      and middle fingers in trach opening. While positioning thumb firmly against lower corner or front panel
      side, simultaneously undo Velcro with other hand by firmly gripping back panel Velcro strap. Pull straight
      out until slack is removed. When reattaching back panel, make sure Velcro strap is attached high enough
      so that back panel plastic does not make contact with skin. If this is not possible, select a different back
      panel.

4. Final Adjustments
   a. Tighten the Occipital Support Strap (OSS) by squeezing the back panel to the neck and pulling one side
      of the OSS until all slack is removed (on one side only). This will create a shelf that cradles and supports
      the back of the head.

5. Proper Size and Fit
   a. Patient’s chin should be flush with end of collar chin piece.
   b. Inner trach bar should not be touching airway. Choose a taller size if it does.
   c. All slack should be removed from collar back.
   d. Back panel should be centered (NOTE: From front, the back Velcro strap should be symmetrical)

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harm.