

Reprocessed by



HEALTH SERVICES

434 Industrial Lane Birmingham, AL 35211  
1-866-943-6670

## Instructions for Use Hygia Miami J Cervical Collar IFU

### Reprocessed Device for Single Use.

**Caution:** Federal (U.S.A.) law restricts this device to sale by or on the order of a physician.

### **NON-STERILE      NOT MADE WITH NATURAL RUBBER LATEX**

#### **Instructions for Use:**

*Note: At least two persons are needed for initial collar placement: one to maintain the patient's head and neck in proper alignment, the second to fit the collar.*

1. The Miami J® collar sizes are phenotype-driven. By identifying your patient's phenotype according to the Sizing Silhouettes & Simple Sizing Questions, you may quickly determine the appropriate collar size. Collar size is best determined by observing the vertical distance between the highest point of the trapezius and the tip of the chin when the head is in the desired treatment alignment.
2. Remove any pillows from behind the patient's head. Position patient with arms to the side, shoulders down and head centrally aligned. (*Note: Ensure the blue Sorbatex padding extends beyond the edge of the plastic*)
3. Slide the Back Piece behind the patient's neck and center it.
4. (Optional) Remove the Retaining Strap.
5. Flare the sides of the Front out, slide it up the chest wall and *scoop it up* under the chin.
6. Sides of the collar Front should be oriented up, off the trapezius, and toward the ears.
7. While holding the Front securely, curl the ends snugly against the patient's neck. Apply the Velcro strap and secure the opposite side of the collar in the same fashion. Tighten straps alternately, one at a time, to an equal length on both sides.
8. Velcro straps must be aligned symmetrically and oriented "blue-on-blue" to the Front adhesive sections. When the patient is properly fit, there should be equal amounts of excess Velcro overhanging the Front blue adhesive sections.

#### **Warnings:**

- To fit the collar to a sitting or standing patient, follow the instructions for supine application except apply the Front first and do not remove the Retaining Strap. Bring the Retaining Strap around the back of the neck and attach the white portion loosely to the blue adhesive section on the opposite side of the collar. Whenever possible, fit the collar to a sitting or standing patient

#### **Occiput Support Positioning Guidelines:**

1. Slide up to relieve occipital pressure or discomfort.
2. Slide down to enhance extension control.

***Note: For a predominately supine patient keep Occipital Support Buttons set to top position. This will direct the top edge of the collar shell into the bed.***

## Reprocessed Miami J Cervical Collar

---

### Additional Notes:

- The Miami J includes a removable sternal pad to distribute ambulatory pressure. It may be removed if patient anatomy dictates, for comfort during sleep and/or during meals to ease chewing and swallowing.
- The Angulations Buttons may be used to fine-tune the fit of the collar for better anatomical conformity, pressure distribution and comfort. Minor adjustments in angulation of the Chin and Occipital Support can significantly reduce pressure areas at these critical contact points.
- Additional Notes: These instructions do not supercede hospital protocol and/or direct orders of patient's physician.

The OEM information listed on the label is provided as device ID prior to reprocessing and may contain the trademarks of unrelated third parties that do not sponsor this device.

This product and its packaging have been exposed to ethylene oxide gas (EtO). Even though the product is processed in compliance with all applicable laws and regulations relating to EtO exposure, proposition 65, a State of California voter initiative, requires the following notice:

Warning: this product and its packaging have been exposed to ethylene oxide. The packaging may expose you to ethylene oxide, a chemical known to the State of California to cause cancer or birth defects or other reproductive harm.